

Beauty



BY SUZANNE KOTZÉ

YOUR WEEKLY BEAUTY FIX

1 Getting ready

Wear an old T-shirt and make sure you have a few old towels handy. Always start by testing a strand of hair behind your ear to see how long the colour takes to reach the right shade. Rub Vaseline along your hairline to prevent the dye from staining your skin. Divide your hair into four sections by parting it from ear to ear and from front to back. Clip back the sections you aren't working on.

2 Applying colour

Starting at the back of the head apply the product to the hair starting at the roots and combing through to the ends. After applying the product pile your hair on top of your head and wait for the colour to develop. Don't leave the dye on longer than the recommended time.

3 Aftercare

When the time is up, thoroughly work the dye through your hair and rinse until the water runs clear. Always use a conditioning treatment. Avoid washing your hair for 24 hours. Use colour-enhancing shampoos such as Sunsilk Lively Blonde Shampoo in Lively Blonde, Deeply Brunette or Passionately Red (R16,99 each).

Take charge of your hair with the latest easy-to-use home colour kits

1 HAIR colour AT HOME



PHOTOGRAPHER: JACQUES STAMBER; HAIR AND MAKE-UP: FABRIENNE ZADEL; MODEL: KELLY OF VANDER S; JERSEY; INDIA, JANE

What should I look for in a hair colour?

Christophe Robin, creative colourist for L'Oréal Paris, offers his expert advice on DIY hair colouring.

- Choose a colour that suits you rather than the latest trendy shades. Go for a colour that's a shade lighter or darker than your natural colour.
- A successful hair colour is one that enhances the eyes, skin and hair texture.
- If your eyes are brown go for a hair colour one shade darker. This will have the effect of brightening the eyes.
- If your skin is prone to redness, avoid overly red or copper highlights. Opt for cooler ashy or beige tones to counter-balance the skin's redness.
- If your hair is very fine a little highlighting in strategic areas will provide contrast and give an impression of volume.
- Dark complexions are not particularly suited to light hair.
- Red highlights do not suit reddish complexions.
- Dark eyes do not go well with light hair.

TIP: ALWAYS DO A PATCH TEST ON YOUR SKIN 48 HOURS BEFORE YOU APPLY COLOUR EVEN IF YOU HAVEN'T HAD AN ALLERGIC REACTION TO HAIR DYES BEFORE

TRY



L'Oréal Paris Casting Crème Gloss (R95), a conditioning colour with no ammonia, lasts up to 28 shampoos.

Herbatint Permanent Herbal Haircolour Gel (R110), a natural hair dye, is not tested on animals and is packaged in biodegradable materials. It covers grey with one application and contains



no ammonia, resorcinol or parabens. R110 from selected health shops. Call 011-483-1916 for your nearest stockist.

The Wella Viva Collection (R55,99)

gives rich colour and intense shine and is available in Deep Black, Rich Brown, Warm Red, Pre Red and Sunny Blonde. It has built-in colour protection too.

Wella Viva Pure Blonde Easy Highlights (R64,99) is available in Rich Copper, Cool Blonde or Golden Blonde. For a layered look clip up the top layer of your hair then apply highlights to the bottom layer first, then the top. If you think you've applied too much colour wipe the section of hair with a damp paper towel and start again.



Nice 'n Easy Root Touch-up (R64) is great for use on your roots to disguise regrowth in-between colourings. Don't worry if you've used another brand colour your hair. This wonderful product can be used in conjunction with other leading brands (check box for details of compatible products).